

60th Annual Meeting

Sparkle Shine Celebrate!

RENAL RESCUE: PHARMACIST ESSENTIALS FOR CONTINUOUS RENAL REPLACEMENT THERAPY

Rita Gayed, PharmD, BCCCP, FCCM
Rita.gayed1@orlandohealth.com
Orlando Health Orlando Regional Medical Center

Saturday, August 8th 2026

1

60th Annual Meeting

Sparkle Shine Celebrate!

Disclosure

I do not have a vested interest in or affiliation with any corporate organization offering financial support or grant monies for this continuing education activity, or any affiliation with an organization whose philosophy could potentially bias my presentation (within the last 12 months).

2

60th Annual Meeting

Sparkle Shine Celebrate!

Objectives

Pharmacist objectives:

- Differentiate between modalities of continuous renal replacement therapy (CRRT)
- Discuss pharmacokinetics considerations of medication use in patients receiving CRRT
- Compare different CRRT anticoagulation strategies

Technician Objectives:

- Discuss the indications for CRRT in critically ill patients.
- Recognize important pharmacy operations for uninterrupted CRRT runs

3

60th Annual Meeting

Sparkle Shine Celebrate!

KDIGO 2026 CLINICAL PRACTICE GUIDELINE FOR ACUTE KIDNEY INJURY (AKI) AND ACUTE KIDNEY DISEASE (AKD)
PUBLIC REVIEW DRAFT
MARCH 2026

This is a draft document shared for public review and feedback only. The content of this draft will change based on the feedback received and should not be used for any other purpose beyond its original intent.

<https://kdigo.org/wp-content/uploads/2026/03/KDIGO-2026-AKI-AKD-Guideline-Public-Review-Draft-March-2026.pdf>

4

60th Annual Meeting

Sparkle Shine Celebrate!

Background

- Acute kidney injury (AKI) is associated with high morbidity and mortality in critically ill patients
- Large number of ICU patients require initiation of renal replacement therapy (RRT)
- An international survey evaluated the use of each RRT for AKI patients in the ICU
 - 80% of patients on CRRT
 - 17% of patients on iHD
 - 3% of patients on peritoneal dialysis or slow continuous ultrafiltration

AKI: acute kidney injury

ICU: intensive care unit

CRRT: continuous renal replacement therapy

iHD: intermittent hemodialysis

Semin Dial. 2009;22(2):114-22

N Engl J Med. 2010;362(26):2505-14

5

60th Annual Meeting

Sparkle Shine Celebrate!

Definition of Acute Kidney Injury (AKI) (AKIN vs RIFLE criteria)

AKI staging	Urine output (common to both)	Class	RIFLE
Serum creatinine		Risk	Serum creatinine or GFR
Stage 1 Increase of more than or equal to 0.3 mg/dl (>26.5 μmol/l) or increase to more than or equal to 150% to 200% (1.5- to 2-fold) from baseline	Less than 0.5 ml/kg/h for more than 6 hours		Increase in serum creatinine $\times$ 1.5 or GFR decrease $>$ 25%
Stage 2 Increased to more than 200% to 300% (>2- to 3-fold) from baseline	Less than 0.5 ml/kg per hour for more than 12 hours	Injury	Serum creatinine $\times$ 2 or GFR decreased $>$ 50%
Stage 3 Increased to more than 300% (>3-fold) from baseline, or more than or equal to 4.0 mg/dl (>354 μmol/l) with an acute increase of at least 0.5 mg/dl (44 μmol/l) or on RRT	Less than 0.3 ml/kg/h for 24 hours or anuria for 12 hours	Failure	Serum creatinine $\times$ 3, or serum creatinine $>$ 4 mg/dl (>354 μmol/l) with an acute rise $>$ 0.5 mg/dl (>44 μmol/l) or GFR decreased $>$ 75%
		Loss	Persistent acute renal failure-complete loss of kidney function $>$ 4 weeks
		End-stage kidney disease	ESRD $>$ 3 months

AKIN: Acute Kidney Injury Network

RIFLE: Risk, Injury, Failure, Loss, End-stage kidney disease

Kidney Int Suppl 2012;22:1-138.

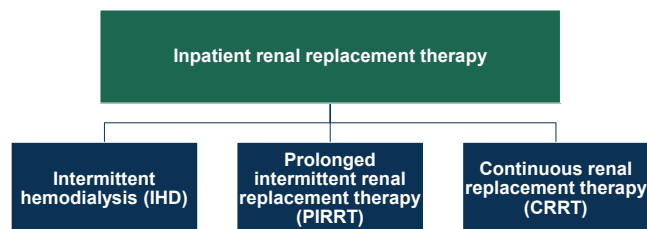
6

Indications for renal replacement therapy initiation

- **Acidosis**
- **Electrolyte imbalances (hyperkalemia)**
- **Overload (volume, e.g. pulmonary edema)**
- **Uremia**
- **Intoxication**
- **Oliguria/ anuria**

Kidney Int Suppl 2012;2:1-138

Types of renal replacement therapy in ICU



* Peritoneal dialysis (PD) typically not initiated inpatient

Shainkhouni S et al. Surg Clin N Am 2022;102:181-198

IHD vs CRRT in the ICU

	IHD	CRRT
Which patients?	Typically, hemodynamically stable	• Hemodynamically unstable • At risk of increased intracranial pressure or cerebral edema
Advantages	• Rapid removal of toxins and low molecular weight substances • Treatment of choice for life-threatening intoxications and hyperkalemia • Allows for down-time for procedures etc • Reduced exposure to anticoagulation	• Continuous removal of toxins ("slow and steady") • Less effects on hemodynamics • More controlled volume removal • Superior overall volume removal over course of treatment
Disadvantages	• Hemodynamic instability with rapid volume removal • Dialysis disequilibrium → risk of cerebral edema	• Labor intensive for ICU nurses • Need for anticoagulation • Limited patient mobility • Significant downtime with interruptions • Risk of hypothermia

Kidney Int Suppl 2012;2:1-138

CRRT goals of therapy



Shainkhouni S et al. Surg Clin N Am 2022;102:181-198

CRRT functions

Volume removal

- Termed "ultrafiltration"
- Helps manage volume overload
- Goal determined by ICU and nephrology
- Titrated by ICU nurse at bedside as tolerated

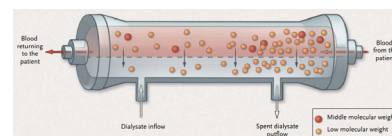
Solute removal

- Mechanisms:
 - Diffusion
 - Convection
- Removes toxins
- Inadvertently also removes medications and micronutrients
- Dose determined by nephrology and adjusted daily

Neyra J et al. *Seminars in Dialysis* 2021;34:432-39.
Teixeira JP et al. *CJASN* 2023;18:256-69.

CRRT solute removal mechanism: Diffusion

- **Diffusion**
 - CRRT modality:
 - CVHD
 - CVHDF (+ convection)
- **MOA:**
 - Concentration gradient
- **Fluids:**
 - Only dialysate fluid
 - Does not touch blood
 - No replacement fluid
- **Clearance:**
 - Small molecules



Tobin A. N Engl J Med 2012;367:2505-14



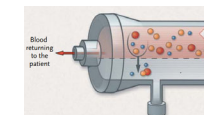
FSHP
60th Annual Meeting



**Sparkle Shine
Celebrate!**

CRRT solute removal mechanism: Convection

- **Convection** (hemofiltration)
 - CRRT modality:
 - CVVH
 - CVVHDF (+ diffusion)
- **MOA:**
 - “Solute drag”
 - Pressure gradient
- **Fluids:**
 - Replacement fluid (pre or post filter or both)
 - Comes in direct contact with blood
- **Clearance:**
 - Small and mid size molecules



The diagram illustrates the convection mechanism in CRRT. Blood flows from the patient into a cylindrical chamber under high pressure. Ultrafiltrate is added at the bottom, creating a low-pressure region. The resulting pressure gradient drives the flow of blood and solutes (represented by red and blue dots) out of the chamber and back to the patient. A legend indicates: Red dot = Middle molecular weight, Blue dot = Low molecular weight, and a blue line = Water molecule.

Tolkami A, N. Eng J Med 2012;367:2505-14.

FSHP 6th Annual Meeting Sparkle Shine Celebrate!

**CRRT modalities:
How are solutes cleared?**

- Continuous veno-venous hemofiltration (CVVH)**
 - Mechanism: Convection**
 - Replacement fluid only**
- Continuous veno-venous hemodialysis (CVVHD)**
 - Mechanism: Diffusion**
 - Dialysate fluid only**
- Continuous veno-venous hemodiafiltration (CVVHDF)**
 - Mechanism: Convection + Diffusion**
 - Replacement and dialysate fluids**

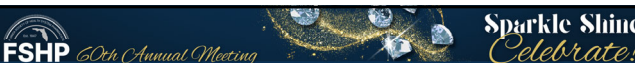
Towart A, N Engl J Med 2012;367:2505-14.

CRRT modalities:
How are solutes cleared?

- Continuous veno-venous hemofiltration (CVVH)**
Replacement fluid only
- Continuous veno-venous hemodialysis (CVVHD)**
Dilysate fluid only
- Continuous veno-venous hemodiafiltration (CVVHDF)**
Replacement and dialysate fluids

Post-HF: post filter replacement fluid
Pre-HF: prefilter replacement fluid

Tolman A, Nelig J / Med 2012;367:2505-14
[Quintessence Continuous Renal Replacement Therapies](#)
[CRRT: What is Known? - Renal Failure](#)
[Intensive Care Med 2013;18:206-16](#)

 FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Example of CRRT machine and CRRT fluids



FSHP

10th Annual Meeting



CRR Machine PrismaFlex®

1. **Green square:** Dialysate scale
2. **Purple octagon:** Replacement scale
3. Scale carrying bar assembly
4. **Yellow circle:** Effluent scale
5. **White triangle:** Pre-blood pump (PBP) scale



Print Preview - C:\Users\9071\AppData\Local\PTC\Arbortext\Editor\aptrac\shelshy\Qrtm\trfy\Gbw... Accessed 3/7/2025



Oris Annual Meeting

Oris Annual Meeting



Premixed dialysate and replacement fluids

- **2 compartment 5L bags**
 - Electrolytes (Na, Cl, K, Mg, Phos, dextrose, Ca)
 - Fluids
 - RN to break seal and mix before immediate use
- **Different types**
 - PrismaSol
 - Does not contain phosphate
 - PrismaSate
 - Does not contain phosphate
 - Phoxillum
 - Contains phosphate, no dextrose
- **Important to know the composition of the fluids on formulary**

Analyte	Normal Serum Concentration*	Standard BD Dialysis†	Commercially Available Phosphate-Free CRRT Solutions‡	Commercially Available Phosphate-Free CRRT Solutions§
Creatinine, mg/dL	1.0-1.5	137	<0.1	<0.1
Sodium, mEq/L	135-140	137	130, 134	134
Potassium, mEq/L	3.5-4.5	2.7	2, 2.5, 3, 4	4
Calcium, mEq/L	2.2-2.7	0.7	0.7, 1.5	0.7, 2.5
Magnesium, mmol/L	0.66-0.77	0.25	1, 1.5	1.5
Chloride, mEq/L	98-106	104-106	106-120.5	114.5, 122
Acetate, mEq/L	-	-	0	-
Lactate, mEq/L	0.7-1.8	4	0-3	0
Bicarbonate, mEq/L	24-30	25	20*, 26	22*
pH, mEq/L	7.35-7.45	7.35-7.45	7.25-7.45	7.25-7.45
Phosphorus, mg/dL	2.5-2.9	100	100	100
Glucose, mg/dL	1.1-2.0 (40)	100	100	100

*Range and multiple entries in the dialysate and CRRT solutions refer the manufacturers' label, or the ability to change the concentration by the prescriber. †CRRT, continuous RRT; BID, intermittent hemodialysis; HCO₃, bicarbonate.

‡PrismaSol serum concentrations obtained from GlycoMx. Most interventions are present among laboratories.

§Prisma variations in electrolyte concentrations may occur depending on the manufacturer's lot.

*Other concentrations are available.

†Serum calcium and lower sodium and bicarbonate concentrations are used during chronic anticoagulation.

‡Serum sodium cation [usual units in laboratory reports] = mEq/L; [labwise mEq/L] by twofold mEq/L [initially mEq/L] by fourfold mEq/L.

§Serum acetate is not clinically measured.

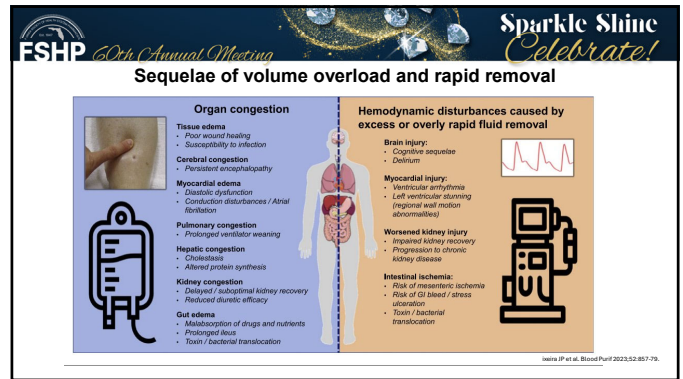
¶Serum glucose.

††Serum phosphorus is measured as mg/dL. The normal serum phosphorus concentration is 3.4-4.5 mg/dL [112-147 mmol/L].

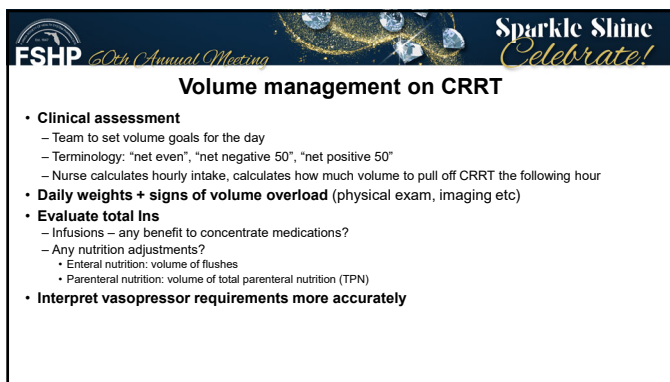
A Review Portfolio of the Mixed CRRT Solutions | Variant for Healthcare Professionals, Kidney care and beyond | Accessed on 11/11/2024



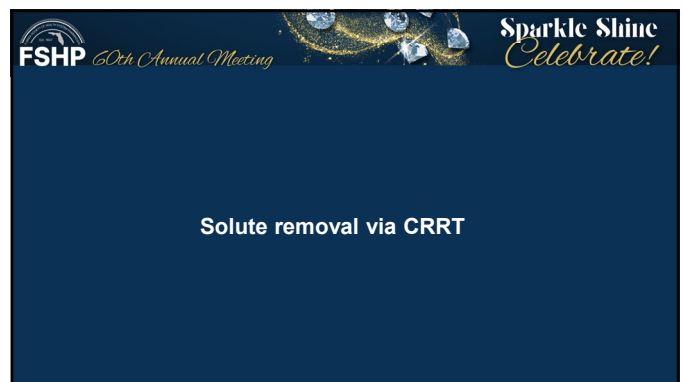
19



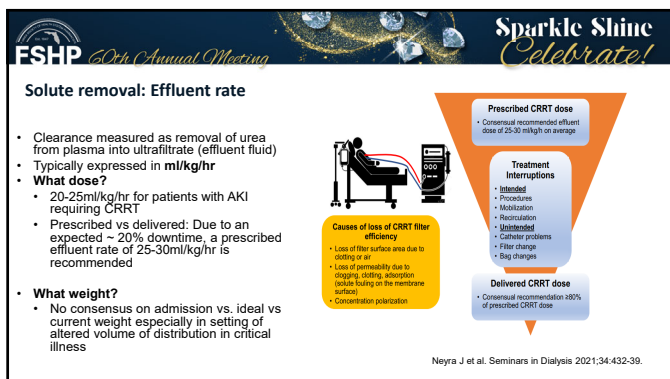
20



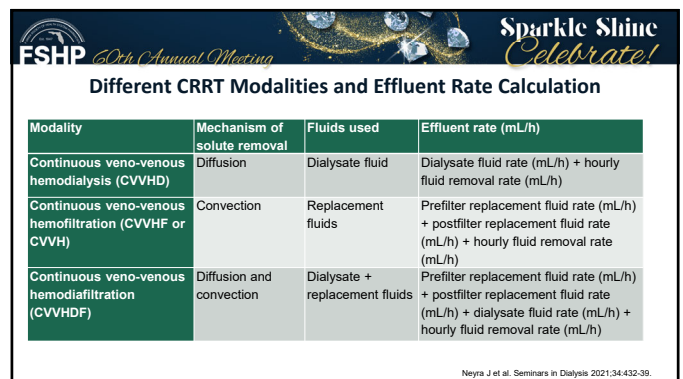
21



22



23



24

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Medication Dosing in CRRT

25

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Physiochemical properties key to CRRT removal

- Molecular weight (MW)**
 - Smaller size medications are easier to remove
- Volume of distribution (Vd)**
 - Small Vd (<0.3L/kg) = hydrophilic medication
 - Hydrophilic medications are prone to CRRT removal
- Protein binding (PB)**
 - Highly protein bound medications (> 90%) are not likely to be removed by CRRT

Seminars in Dialysis 2021;34:480-88.

26

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Sieving Coefficient (SC) & Saturation Coefficient (SA)

- Term describing the ability of medication to pass through a CRRT filter membrane
 - Estimated as 1 minus protein binding
 - Actual SC/SA = $[\text{Drug}_{\text{dialysate}}] / [\text{Drug}_{\text{plasma}}]$
- Ranges from 0 to 1
 - 0: does not cross membrane
 - 1: easily crosses membrane
- Saturation coefficient** – term used for continuous veno-venous hemodialysis (concentration gradient)
- Sieving co-efficient** – term used for continuous veno-venous hemofiltration (pressure gradient)
- Can use either coefficient when calculating clearance for CVVHDF

Seminars in Dialysis 2021;34:480-88.

27

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Renally cleared ≠ Dialyzable ≠ Nephrotoxic

Medication	Renally Cleared	Dialyzable	Nephrotoxic
Digoxin	✓	Large Vd	
Midazolam	✓	Large Vd	
Beta- lactams	✓	(small Vd & MW + low PB)	
Levetiracetam	✓	(small Vd & MW + low PB)	
Amphotericin B			✓
Vancomycin	✓	(small Vd & MW + low PB)	✓

Vd: volume of distribution.
MW: molecular weight; PB: protein binding

Semin Dial. 2021 Nov;34(5):480-488.
Kidney Int Rep. 2021 May 13;6(5):2033-2048.

28

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Considerations for Antimicrobials in CRRT

Medication	Vd (in AKI on CRRT) (L/kg)	Molecular Weight (g/mol)	Protein binding (%)	Observed SC/SA	Potential Impact
Cefepime	0.48	480.6	~20	0.86	Easily removed
Meropenem	0.2	383.5	2	0.8	Easily removed
Tazobactam	0.5	300.3	~30	0.76	Easily removed
Piperacillin	0.4	516.5	30	0.5	Potential for accumulation
Vancomycin	1.4	1449.2	50	0.7	Varying degrees of removal
Daptomycin	0.23	1620.7	90-96	0.13	Minimally removed

SC: sieving coefficient; SA: saturation coefficient

Semin Dial. 2021 Nov;34(5):480-488.

29

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Orlando Health Antimicrobial CRRT Dosing Example

Title: Adult CRRT Antimicrobial Dosing Guideline Number: GUID-47132-8474

Medication	Indications & Comments	Low rate <1.8 L/h	Average rate 2-3.5 L/h	High rate >3.5 L/h
Acyclovir IV	HIV encephalitis, HSV ocular infections, VZV infections	10 mg/kg q12h 51 L/h: 10 mg/kg q12h	10 mg/kg q12h	10 mg/kg q8h
For BMI > 30 kg/m ² use actual weight	Mucocutaneous HSV, other non-CNS infections	5 mg/kg q12h 51 L/h: 5 mg/kg q12h	5 mg/kg q12h	5 mg/kg q8h
For BMI > 30 kg/m ² use adjusted body weight (ABW) (ABW = BW + 0.75 * (TBW - BW) [0.4 * (actual body weight)])	HSV suppression or prophylaxis when NPO	200 mg q12h	400 mg q12h	400 mg q12h
Ampicillin	All other indications	2 g q8h	2 g q8h	2 g q8h
Ampicillin-sulbactam	Infections due to carbapenem-resistant Acinetobacter spp.	3 g q8h over 4h	6 g q8h over 4h	6 g q8h over 4h
	All other indications	3 g q8h	3 g q8h	3 g q8h

*Consider q8h for serious infections for rates > 4L/h

30

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

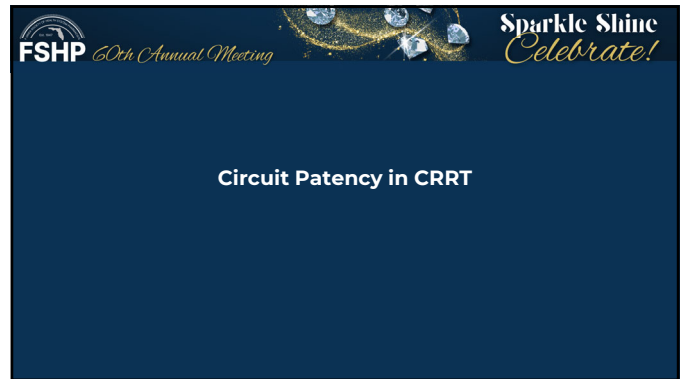
Non-Antibiotic Medication Dosing Considerations

	High Protein Binding	Large Vd	Removed by CRRT	Titrate to effect	TDM
Phenytoin	✓				✓
Phenobarbital			✓		✓
Valproic acid	✓		✓		✓
Levetiracetam			✓		+/-
Benzodiazepines		✓		✓	
Propofol		✓		✓	
Fentanyl		✓		✓	
Warfarin	✓				✓
Digoxin	✓	✓			
Lidocaine	✓				+/-

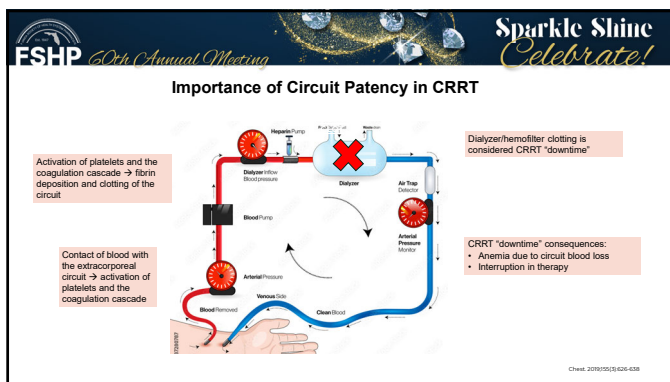
Vd: volume of distribution; TDM: therapeutic drug monitoring.

Kidney Int Rep. 2021 May 13;6(8):2033-2048.

31



32



33

FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Anticoagulation for Circuit Patency

Regional citrate	• Preferred option per KDIGO guidelines
Systemic anticoagulation	• Systemic heparin infusion or direct thrombin inhibitor infusion
Regional anticoagulation	• Regional heparin
No anticoagulation	• Prefilter dilution

Kidney Int Suppl 2012;2:1-138.
Seminars in Dialysis. 2021;34:416-422.

34

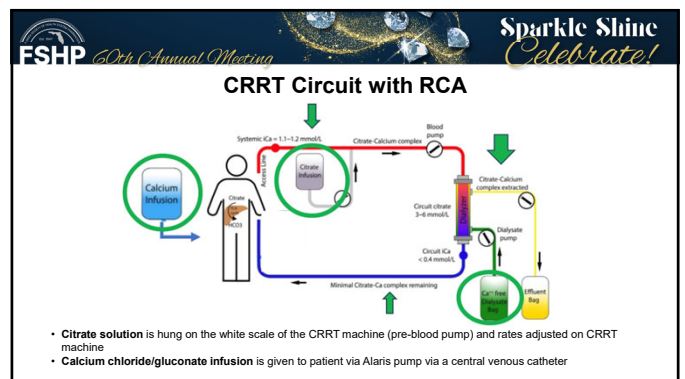
FSHP 60th Annual Meeting Sparkle Shine Celebrate!

Regional Citrate Anticoagulation (RCA)

- How does it work?
 - Calcium in the blood can cause clotting inside the CRRT circuit (cofactor in coagulation cascade)
 - Citrate binds calcium and therefore removes it from the circuit + inhibits platelet aggregation and activation, hence decreasing clotting and interruptions
 - Most citrate-calcium complex is removed in the effluent
 - Therefore, calcium must be replaced systemically for the patient to prevent patient hypocalcemia
- Relative contraindications to RCA
 - Liver failure, hypercapnia, hyperlactatemia
- Adverse effects of RCA
 - Calcium level derangements and metabolic derangements
- Patient still needs DVT prophylaxis

Seminars in Dialysis. 2020;34:416-422

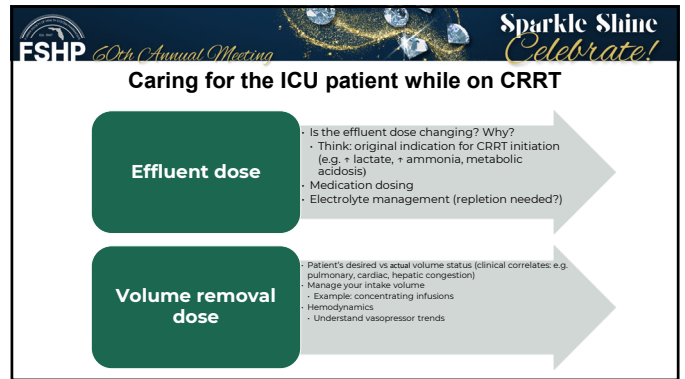
35



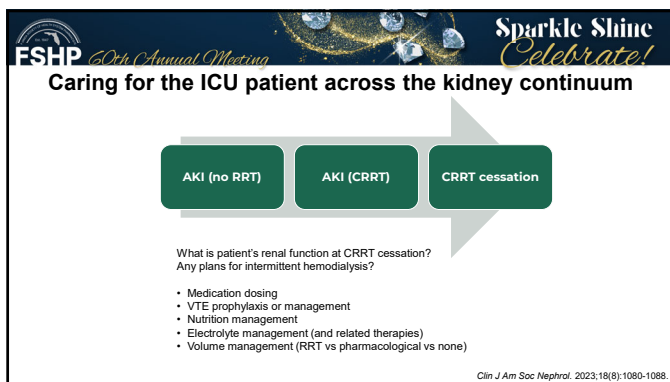
36



43



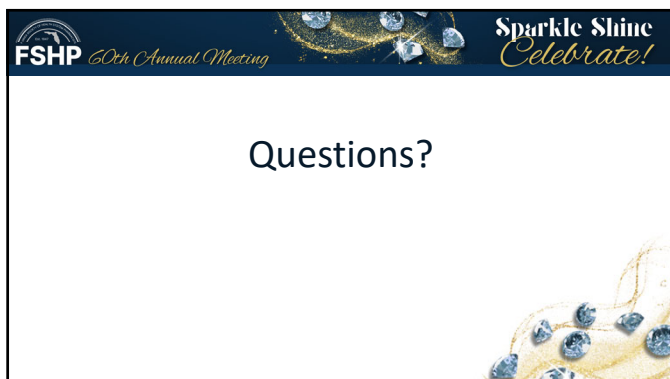
44



45

-
- Pharmacist as an integral part of a successful CRRT program**
- Familiarize oneself with CRRT practice at home institution (what machine, what modality)
 - Partner with nephrology for protocols and EMR builds
 - Review anticoagulation practices
 - Review dialysate and replacement fluid "formulary"
 - Partner with nursing for education
 - Work with infectious disease colleagues on CRRT anti-microbial dosing guideline
 - Discuss therapeutic drug monitoring algorithms with ICU pharmacists

46



47



48